

Sewing World, Inc.
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Fort Worth, TX 76116
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Strip Piece Appliqué Towel Supply List

March 18 or 20, 2026, 10 am – 1 pm

Instructor: Tracy Dally

Spring has arrived! This is a great time to create these beautiful towels to display in your home at this time of year.

You will be creating your appliqué fabric by choosing fabrics in pastels or coordinating colors to complement your home. The strips will be made by running through a bias tape maker as you press with an iron. The pressed strips will then be placed side by side and pressed to a fusible interfacing and using a decorative stitch will be sewn down between the strips for an added feature. This new fabric that has been created will then be used as the fabric for the appliqué heart, shamrock, egg, bunny or the “Made with Love” heart.

You Will Need – Please carefully read and check the list below

- Tea Towel (Available to purchase at time of class or bring your own)
- 3-6 different fabric strips – 15” or longer (Scrap fabrics work great)
Note: Spray starch fabric strip and then cut them into one-inch width
- Cut a 6” x 8” piece of fusible interfacing (Ex. SF101-Shape Flex) before coming to class
- Rick Rack Trim is optional
- 1/2” [12mm] Bias Tape Maker (Available to purchase at the store)
- Stabilizer – Medium Tearaway
- Embroidery Threads: Red, Purple, Pink, Green, or Blue – Bring what will coordinate with your fabric strips
- Sewing Thread for decorative stitching. Example if using pastel fabrics, white embroidery or sewing thread works great.
- USB Memory Stick for the 5 complimentary designs (\$25 value), that will be transferred at the time of class.
- One Pre-wound White Bobbin
- Needle Size 11/75 Embroidery
- Curved Scissors for snipping threads and trimming fabric for the appliqué
- Fabric Scissors
- Small Travel Iron
Note – Pressing/Pinning Boards will be available in the class
- Marking Pen (Blue or Purple)
- Quilters Ruler for drawing lines on interfacing
- Straight Pins – Glass Head or Magic Pins that are heat resistant
- Thread Stand if using larger cones of thread

Equipment

- Embroidery/Sewing Machine and Electric Cord
- Embroidery Unit
- Feet: Embroidery and Zigzag foot and ankle
- Embroidery Hoops: 5x7 or 6x10 (Regular hoop that came with your machine)



- Accessory Tray for sewing

Fabric Preparation Before Coming to Class

Spray starch the 3-6 different fabric strips before cutting into one-inch widths.

TIP: Please contact me regarding machine arrangements if you have questions.